

STEM Education Links:

(Science, Technology, Engineering and Mathematics)

Open the links and reflect upon its contents. If they no longer work, not to worry.

Medical and Spiritual Benefits of Prayer 3 min

<https://www.youtube.com/watch?v=9MSwjP551DE>

Benefits of Salat (Prayer) and earthing 10 min

<https://www.youtube.com/watch?v=wtTRELXPm3E>

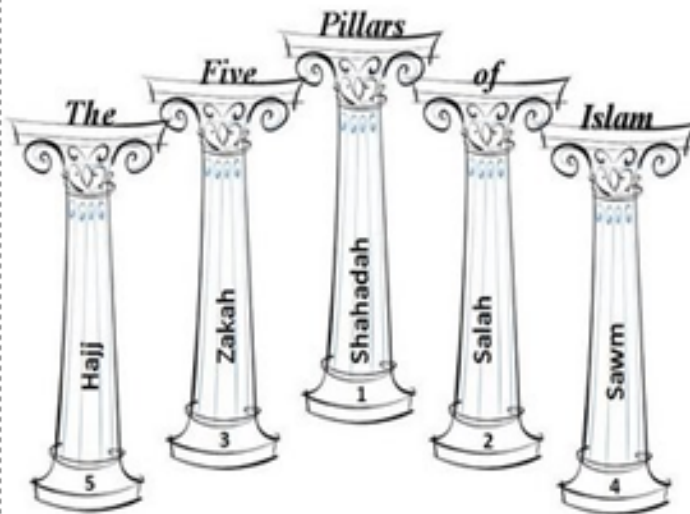
Learning Outcomes

- I can *recall the five pillars of Islam and explain the significance of prayer;*
- I can *give at least 5 key words relating to prayer in Islam;*
- I can *reflect upon daily observance of prayer;*
- I can *recite the key supplications of Salat [at-Tahiyaat and the Ibraheemiyah duaa] by heart;*
- I can *locate, write down and explain key evidences relating to the compulsion of prayer in Islam;*
- I *know the differences between Shuroot, Arkaan and Sunan;*
- I can *demonstrate how a two rakaat prayer is performed.*

Assessment Activity:

Assess your prior knowledge of the topic by recalling the 5 pillars of Islam using this sheet or slide

The five Pillars of Islam, by



Few facts listed and mostly opinion stated.
(You are a Beginner)

More facts and details are mentioned than opinion. (Intermediate)

Most or all of the facts (dates, names, figures and other details) are accurate.
(Advance learner)

With someone discuss the following “possible” reasons why prayer maybe important

It is possibly important because prayer:

- Is a pillar of Islam and religion
- Is the key to paradise
- Is the way a faithful believer comes closer to Allah.
- Is a sign of faith
- It lights up the heart
- It is nourishment for the soul.
- It is a cause of blessings in the house
- It is a cause of increase in wealth and provision
- It is a cure for sicknesses of the body and soul
- It is a light in the darkness of the grave
- It is a shelter from the hot sun on the Day of Resurrection
- It is an entertainer of the heart amidst the fear of the grave
- It is a swift carrier across the thin bridge on the Day of Resurrection
- It is a means of attaining forgiveness from sins
- It is a repeller of the devil
- It is a bestower of Allah's proximity and His favour.

Activity:

Tick how many of these key words you know or have heard before.

- Arkaanul Islam
- Salaat-ul-Fajr
- Qiyaam
- Juloos
- Wudo
- Salaat
- Sadaqah
- Hajj
- Sawm
- Salaat-ul-Asr
- Tashahhud
- Fard
- Mustahab
- Shuroot
- Arkaanul Imaan
- Rukoo
- Sujood
- Salaat-ul-Maghrib
- Ghusl
- Duaa
- Zakaat
- Umrah
- Tayyammum
- Tasleem
- Sunnah
- Sunnah Mu'ak-kadah
- Arkaan
- Salaat-ul-'Ishaa

As-Salaat : الصلاة

Based upon these verses from the Holy Quran, why is prayer an obligation?

“إِنِّي أَنَا اللَّهُ لَا إِلَهَ إِلَّا أَنَا فَاعْبُدْنِي وَأَقِمِ الصَّلَاةَ لِذِكْرِي (١٤) ”

“Indeed, I am Allah. There is no god but Me, so worship Me and establish prayer for My remembrance. (14).”

Al-Quran: 20: Verse 14

” اتْلُ مَا أُوحِيَ إِلَيْكَ مِنَ الْكِتَابِ وَأَقِمِ الصَّلَاةَ ۖ إِنَّ الصَّلَاةَ تَنْهَىٰ عَنِ الْفَحْشَاءِ
وَالْمُنْكَرِ ۖ وَلَذِكْرُ اللَّهِ أَكْبَرُ ۗ وَاللَّهُ يَعْلَمُ مَا تَصْنَعُونَ (٤٥) ”

“Recite, [O Muhammad], what has been revealed to you of the Book and establish prayer. Indeed, prayer prohibits immorality and wrongdoing, and the remembrance of Allah is greater. And Allah knows that which you do. (45)”

Al-Quran 29: Verse 45

As-Salaat : الصلاة

Why is it a compulsory duty? A possible response ...

”إِنِّي أَنَا اللَّهُ لَا إِلَهَ إِلَّا أَنَا فَاعْبُدْنِي وَأَقِمِ الصَّلَاةَ لِذِكْرِي (١٤)“

“Indeed, I am Allah. There is no deity except Me, so worship Me and establish prayer for My remembrance. (14).”

Al-Quran: 20: Verse 14

”اتْلُ مَا أُوحِيَ إِلَيْكَ مِنَ الْكِتَابِ وَأَقِمِ الصَّلَاةَ ۖ إِنَّ الصَّلَاةَ تَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ ۗ وَلَذِكْرُ اللَّهِ أَكْبَرُ ۗ وَاللَّهُ يَعْلَمُ مَا تَصْنَعُونَ (٤٥)“

“Recite, [O Muhammad], what has been revealed to you of the Book and establish prayer. Indeed, prayer prohibits immorality and wrongdoing, and the remembrance of Allah is greater. And Allah knows that which you do. (45)”

Al-Quran 29: Verse 45

- In language a command means that there is an obligation to comply, if the order is not done a consequence for non-compliance is expected.

1. Where in these verses are there commands? Write them down.
2. Forget what you have been told, what consequences each verse is hinting at if you fail to obey? Write your explanation and the evidence as given in the example below.

Example:

The first verse is a command that I “worship” Allah and ... It is implying that if I fail to comply that the consequence will be that Allah will neglect me because Allah is stating that I should pray is for His remembrance, this means that ...

Have you heard of Hadith Jibra'eel?

Research the internet for the full story.

● ...”الإسلام أن تشهد أن لا إله إلا الله، وأن مُحَمَّدًا رَسولَ الله، و تُقيم الصلاة، و تُؤتي الزكاة، و تصوم رمضان و تحج البيت إن استطعت إليه سبيلاً“...

- “O Muhammad, inform me about Islaam.” So the Messenger of Allaah (pbuh) said, **“Islaam is to testify that none has the right to be worshipped in truth except Allaah and that Muhammad is the Messenger of Allaah, to establish the prayer, to pay the Zakaat, to fast in Ramadaan, and to make the pilgrimage (Hajj) to the House (i.e. the Ka’bah in Makkah) if you are able to do so.”**

Memorise this hadith in Arabic or English:

Islam is built upon Five Pillars

بُنِيَ الْإِسْلَامُ عَلَى خَمْسٍ: شَهَادَةِ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَنَّ مُحَمَّدًا رَسُولُ
اللَّهِ، وَإِقَامِ الصَّلَاةِ، وَإِيتَاءِ الزَّكَاةِ، وَحَجِّ الْبَيْتِ، وَصَوْمِ رَمَضَانَ

رَوَاهُ الْبُخَارِيُّ وَمُسْلِمٌ

On the authority of Abu 'Abd al-Rahman 'Abdullah bin 'Umar bin al-Khattab, *radiyallahu 'anhuma*, who said: I heard the Messenger of Allah, *sallallahu 'alayhi wasallam*, saying:

"Islam has been built upon five things - on testifying that there is no god save Allah, and that Muhammad is His Messenger; on performing *salah*; on giving the *zakah*; on Hajj to the House; and on fasting during Ramadhan."

Activity:

Answer the following question after reading the Hadith

Is praying together, an option or obligation?

- عن عبد الله بن عمر (رضي الله عنهما) قال: قال رسول الله (ص):
"صلاة الجماعة أفضل من صلاة الفرد بسبع و عشرين درجة"
رواه البخاري و مسلم.

The son of ‘Umar (May Allah be please with them both) said that the Holy Prophet (May Allah’s peace and blessing) be upon them both said: “Praying in congregation is twenty-seven times better than praying alone.”

(Hadith mentioned in Imams al-Bukhari and Muslim’ collection)